

## **Ankle Tendinopathy Master's Course Set for March**

Don't forget to register for the Master's Ankle Tendon Course March 11 & 12, 2017 in Palo Alto, California. There are only 20 spots, and they are currently available exclusively to AAPSM & GFFC (German Association for Foot & Ankle Surgery) members UNTIL January 11, 2017. After that, any interested foot & ankle surgeon can register. This will be a once in a lifetime experience, featuring some of the world's tendon experts from surgery to rehab. To register contact Amol Saxena, DPM at [heysax@aol.com](mailto:heysax@aol.com) NOTE: Registration eligibility for surgeons must be confirmed with Dr. Saxena by emailing him at [heysax@aol.com](mailto:heysax@aol.com) (DO NOT book flights/hotel until you receive confirmation).



### **ANKLE TENDINOPATHY MASTER'S COURSE**

**in Conjunction with the American Academy of Podiatric Sports Medicine and Gesellschaft für Fusschirurgie (German Assoc for Foot & Ankle Surg)**

**March 11-12, 2017**

**Surgecenter of Palo Alto, PAME, 795 El Camino Real, Level A, Palo Alto CA, USA**

**Sat Mar 11 Cadaver Lab: Tendon repair, transfers, Minimally invasive techniques (repair of Achilles, Peronei, Post Tib, Tib Ant and Extensors)**

**Parallel course for PTs with procedure viewing**

**Sun Mar 12: Joint sessions (Drs & PTs) Rehab, regeneration and research on Tendons including Shockwave, ultrasound eval, PRP, AlterG™ etc**

**Program Details to Follow**

**12 CME applied for: \$US 850 for Surgeons, \$450 for current Fellows in Training**

**Registration info at [www.aapasm.org](http://www.aapasm.org)**

**LIMITED to 32 SURGEONS & 8 Fellows**

**NOTE: Registration eligibility for surgeons must be confirmed w Amol Saxena, email [heysax@aol.com](mailto:heysax@aol.com) (DO NOT book flights/hotel until you receive confirmation)**

For PT registration, contact Marc Guillet [marc@agilept.com](mailto:marc@agilept.com)

HOTEL INFO: Sheraton Palo Alto- \$129/nt+tax or Westin Palo Alto-\$159+tax 650/328-2800

<https://www.starwoodmeeting.com/events/start.action?id=1607130268&key=3492EF29>

## ABOUT OUR SPEAKERS

### **Richard T. Bouche, DPM**

Dr. Bouche is a board-certified podiatric surgeon. He received his medical degree from the Illinois College of Podiatric Medicine in Chicago, and completed a residency in foot and ankle in Seattle. He is a fellow and past president of the American Academy of Podiatric Sports Medicine, a member of the American Podiatric Medical Association, the Washington State Podiatric Medical Association, the American College of Sports Medicine, and the Prescription Footwear Association.

His special interests include lower extremity sports medicine; complex foot and ankle disorders; foot and ankle reconstructive surgery; exercise-induced leg pain; posterior heel disorders; and first MTPJ arthrodesis and lesser MTPJ instability. He is a podiatric advisor to the Northwest Podiatric Education and Research Foundation and a sports medicine editor for the Journal of Foot and Ankle Surgery.

### **Nicola Maffulli, MD, MS, PhD, FRCS (Orth)**

Professor Nicola Maffulli is widely recognised as one of the world's most eminent Consultant Orthopaedic and Sports Injury Surgeons. He is responsible for pioneering revolutionary new procedures and techniques in foot and ankle surgery, and he is responsible for fixing some of the UK's top sportsmen and women, including Premiership football players as well as Track and field Athletes and international rugby players.

Apart from being one of the world's top surgeons and lecturers in this field, Professor Maffulli has published well over 500 peer-reviewed articles in scientific journals. In addition, he has published nine books on Orthopaedic Surgery and in Sports Medicine. Professor Maffulli has particular scientific interest in physiopathology of tendon injuries. Due to these extra-curricular activities and the heavy clinical workload, that has characterised his career thus far, the Prof has developed subspecialty interests and focuses in the following areas: Foot and ankle surgery, Sports trauma, Deformity correction and Complex trauma, knee and ankle arthroscopy, minimally invasive surgery of the knee and foot and ankle.

Professor Maffulli is now Head of the Musculoskeletal Dept at the University of Salerno School Medicine and Dentistry and also the Lead and Professor of Sports and Exercise Medicine at Queen Mary University of London, Barts and The London School of Medicine and Dentistry, Centre for Sports and Exercise Medicine, and Consultant Trauma and Orthopaedic Surgeon at Mile End Hospital, London, and Newham University Hospital, London.

### **Amol Saxena, DPM**

Dr. Saxena's practice specializes in Sports Medicine and Foot & Ankle Surgery, incorporated into the Palo Alto Medical Foundations' multispecialty Sports Medicine group in 1993. Clinical & research interests include sports medicine/running injuries, chronic ankle pain (ankle osteochondral injuries), Achilles and Peroneal Tendons, stress fractures, midfoot injuries

(Lisfranc's), revision surgery, flatfoot surgery and 1st MPJT arthritis. He is an international and nationally speaker and author, publishing in dozens of orthopedic journals and texts.

Dr. Saxena is the editor of "**International Advances in Foot and Ankle Surgery**" (Springer 2011), a unique text of internationally re-known podiatric, orthopedic and trauma surgeons with 45 chapters, and 68 authors. He serves on the editorial Board for Journal of Foot & Ankle Surgery and for Muscle, Ligament & Tendon (Italian). He serves as consulting Podiatrist for Nike Oregon Project, Bay Area Track Club, and local high school athletic teams. He has been director of Fellowship training at PAMF since 1999.

Dr. Saxena has currently treated and operated on dozens of Olympians from around the world (including Gold Medalists and world record holders), and Olympic Trials qualifiers, numerous professional athletes including from the Nike Oregon Project, Golden State Warriors and San Jose Earthquakes, and many top area high school athletic scholarship winners. Dr. Saxena is board certified/Re-certified in Foot and Reconstructive Rearfoot/ Ankle Surgery (American Board of Podiatric Surgery), Fellow American College of Foot & Ankle Surgeons, American Academy Podiatric Sports Medicine (which he was presented the Barnes Award for outstanding research in 2011), and served as section Chief at Stanford University Hospital for 15 years.

#### **Prof. Dr. Med Markus Walther**

Dr. Walther is the head of the Orthopedic and Foot and Ankle Surgery Dept at Schön Klinik in Munich, Germany. He has published multiple articles on foot and ankle surgery, sports medicine, biomechanics and trauma. Dr. Walther has pioneered several surgical techniques and shoe designs. He has completed foot and ankle Fellowships in the USA. Dr. Walther has been President of the German Foot and Ankle Society (GFFC) since 2012. In addition to his practice, he is involved with hospital organization and quality improvement projects.

Karin Silbernagel, DPT: Univ of Delaware

Kornelia Kulig, DPT: Univ of Southern California