

## 2016 APMA Young Physicians Institute

- Alicia Canzanese, DPM, ATC



As a recent residency graduate and American Academy of Podiatric Sports Medicine (AAPSM) Member, I recently attended the APMA Young Physicians Institute (YPI) with support from the AAPSM and the Pennsylvania Podiatric Medical Association (PPMA). The YPI, an annual event, was hosted this October at the PICA Headquarters in Franklin, Tennessee. This meeting created a great environment for young professionals to come together, network, and cultivate relationships with their peers. The meeting highlighted what the APMA is doing for the profession including current legislative efforts, advocacy programs, and the development of the APMA Registry. Specifically discussing legislative issues such as the VA Provider Equity Act and how it would positively impact DPMs pay scale if passed, and the HELLPP Act which if passed would require all state Medicaid programs to recognize DPMs as physicians. Breakout discussions were organized to brainstorm and present ways to improve the organization. The YPI main focus was on both pertinent practice information relevant for new practitioners entering various types of practices and cultivating leadership skills in young professionals at both a local and national level. Valuable information was presented including topics on cyber security, student loan repayment options, MIPS/MACRA/RVUs, board certification updates, and tips for integrating research into our practices. The cyber security discussion presented many great take home points including the dangers of sending and receiving patient information via unsecure text message or email as the physician is responsible for protecting any personal health information that was sent to their device. Other valuable activities included professional head shots as well as a very beneficial public speaking skills workshop. Overall this was a great experience and I encourage graduating residents and new practitioners to attend future events. Once again I thank the AAPSM and the PPMA for their support.