

President's Message

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This past summer we all witnessed the spectacle of the Summer Olympics. While watching these unique athletes from various different nations I realized that they all shared one common factor....they all had a Coach. In life we all need a coach, advocate or mentor. Someone that we can call on when we need support and guidance. This could be a family member, a teacher or colleague.



The American Academy of Podiatric Sports Medicine was created by highly esteemed Podiatrists that wanted to share their knowledge with others. My vision is that this Academy can help to foster relationships amongst its members. This can be accomplished through several forums. A dialogue between clinicians of different experience levels is an ideal way to grow as an Academy. At all future meetings that the Academy is involved with, an informal "Fireside Chat" will be offered where individuals can discuss best practices. The same types of discussions can be shared in a virtual forum through the use of the Academy's website. I urge all of you to take advantage of our website where our blog and Twitter feeds allow us to instantly exchange thoughts and experiences in real time.

These are very exciting times for all of us who have a passion for Sports Medicine. New philosophies that were once viewed as trendy have gained momentum. Support of these ideas has influenced a paradigm shift in the gear our athletes utilize and the way they train. I believe that it is our responsibility as an organization to offer our membership the most current information so they can question their current treatment strategies and evolve into better clinicians.

The Academy is also continuing to foster relationships with other Sports Organizations. It is my desire to see our members become Fellows of our Academy but also of The American College of Sports Medicine. The ability to network with their membership can only make us stronger. The same can be said for our involvement with The National Athletic Trainers Association as well as The Independent Running Retailers Association. Their unique perspectives will help to make us better rounded doctors.

This Academy has always been strong in the field of Biomechanics as this is our roots and should continue. We should also embrace the fact that today's Podiatrists are well trained foot and ankle surgeons. I look forward to more seminars and presentations that meld these two pillars, and call upon our talented members to help this come to fruition.

My journey with this Academy has been touched by many “Coaches!” I look forward to the challenges and experiences that this year as your President will offer. Together I know we will become a better and stronger Academy of Podiatric Sports Medicine.