

AMERICAN COLLEGE of SPORTS MEDICINE.

F A C T S H E E T

MISSION ACSM advances and integrates scientific research to provide educational and practical applications of exercise science and sports medicine.

BACKGROUND The American College of Sports Medicine (ACSM) is an association of professionals who share the commitment to explore the role of medicine and exercise in creating a healthier society. Founded in 1954, ACSM remains committed to the diagnosis, treatment and prevention of sports-related injuries and the promotion of physical activity.

MEMBERSHIP The largest sports medicine and exercise science association in the world, ACSM represents more than 35,000 members and certified professionals from a variety of medical specialties, allied health and scientific disciplines. Members are classified by three categories:

MEDICINE Members typically hold an M.D. or Ph.D. They practice medicine in hospitals, sports medicine clinics, medical schools or on the sideline.

BASIC AND APPLIED SCIENCES Includes exercise physiologists, exercise program directors and biochemists. Members work in institutions such as NASA, the United States Military, and the U.S. Centers for Disease Control, to name a few.

EDUCATION AND ALLIED HEALTH Physical education teachers, nurses, athletic trainers and physical therapists fit this category, from a collegiate environment or in a clinical setting.

BENEFITS ACSM members earn automatic subscriptions to its three professional publications, discounts to conferences and certification applications, access to an electronic book review service, inclusion in an online membership directory, and access to group liability insurance and consumer discounts for travel. Levels of membership are available to professionals-in-training and students, who ensure a vibrant future for the College.

ACSM IN INDIANAPOLIS As part of the early-1980s initiative to present Indianapolis as the amateur sports capital of the world, local corporate leaders and city officials submitted a proposal to ACSM executives to move its National Center from Madison, Wisc., to Indianapolis. In 1983, ACSM Trustees approved the proposal and broke ground on what would become an anchor for the city's downtown canal development. Credited as a "cornerstone in the Amateur Sports Capital" by then- mayor William H. Hudnut III, Indianapolis became home to ACSM staff in October 1984.

The College thrived in Indianapolis, and in 1988, broke ground on the expansion to its canal headquarters. Programs and activities increased with the additional space, as did ACSM's capabilities to serve its membership. Amenities such as a state-of-the-art video teleconferencing center support the College's worldwide reputation as the "gold standard" for sports medicine and exercise science.

