



American Academy of Podiatric Sports Medicine



ANKLE TENDINOPATHY MASTER'S COURSE

This course will sell out – limited space available

Registration Form Ankle Tendinopathy Master's Course

In conjunction with the American Academy of Podiatric Sports Medicine and Gesellschaft fur Fusschirurgie (German Association for Foot & Ankle Surgery)

March 11-12, 2017

Surgecenter of Palo Alto, PAMF, 795 El Camino Real, Level A, Palo Alto, California – USA

12 CECH applied for – AAPSM Members/Podiatrists/Foot and Ankle Surgeons - \$950.00

Current Fellows in Training - \$550.00

Limited to 32 Surgeons and 5 Fellows

Please note – registration eligibility for non AAPSM Members & Foot and Ankle surgeons must be confirmed with Amol Saxena, DPM- email: heysax@aol.com

Do Not Book flights/hotel until you receive confirmation

For PT Registration – contact Marc Guillet – marc@agilept.com

Sat Mar 11 Cadaver Lab: Tendon repair, transfers, Minimally invasive techniques (repair of Achilles, Peronei, Post Tib, Tib Ant and Extensors)

Parallel course for PTs with procedure viewing

Sun Mar 12: Joint sessions (Drs & PTs) Rehab, regeneration and research on Tendons including Shockwave, ultrasound eval, PRP, AlterG™ etc

Additional details available at www.aapsm.org

HOTEL INFO: Sheraton Palo Alto or Westin Palo Alto 650/328-2800

<https://www.starwoodmeeting.com/events/start.action?id=1607130268&key=3492EF29>

**March 11-12, 2017 Ankle Tendinopathy Masters' Course Schedule,
12 CECH (subject to change)**

Palo Alto Medical Foundation, Palo Alto, CA USA Registration available only to AAPSM & GFFC members. US \$950 for AAPSM/GFFC, \$550 for current Fellows in Training (Fellows-in-training must get approval)

Registration info at www.aapsm.org (email ritayates2@aol.com)

Saturday March 11, 2017

(Cadaver Lab portion 2 attendees/cadaver)

**Surgecenter of Palo Alto,
Level A, Jamplis Building,
Palo Alto Medical Foundation,
795 El Camino Real,
Palo Alto, CA 94301**

- | | |
|--------------------|---|
| 8:00 AM | Welcome/Introduction Amol Saxena, DPM |
| 8:00 - 10:30 AM | Achilles Tendon Repair, Reconstruction & Transfer (Dr.'s Bouché, Maffulli, Saxena, Walter)

Percutaneous, Open, Insertional repair, Endoscopic Haglunds (Walter), tendon transfer |
| 10:30- 10:45 AM | Break |
| 10:45 AM- 12:30 PM | Peroneal Tendinopathy: repair including subluxing peronei, tendoscopy, ankle stabilization |
| 12:30-1:00 PM | Lunch break |
| 1:00 PM- 3:00 PM | Posterior Tibial tendon: Kidner repair, transfer & subtalar arthroeresis |
| 3:00 -3:15 PM | Break |
| 3:15-5:30 PM | Tibialis anterior transfer, EHL tenosuspension, Hibbs, other repairs as you wish |
| Evening Dinner | (location to be determined) Topics: PRP, Are soft-tissue anchors needed? |

Sunday, March 12, 2017

(Lecture & demos, no cadaver)

**Clark Building,
Palo Alto Medical Foundation,
795 El Camino Real,
Palo Alto, CA 94301**

- | | |
|--------------------|---|
| 8:30-10:15 AM | How I rehab the Achilles & Other ankle tendons (Dr.'s Bouché, Maffulli, Saxena, Walter) |
| 10:30 AM -12:45 PM | Use of Shockwave, anti-gravity treadmills, PRP & other therapies |
| 1:00 PM | Adjournment |

ABOUT OUR SPEAKERS

Richard T. Bouche, DPM

Dr. Bouche is a board-certified podiatric surgeon. He received his medical degree from the Illinois College of Podiatric Medicine in Chicago, and completed a residency in foot and ankle in Seattle. He is a fellow and past president of the American Academy of Podiatric Sports Medicine, a member of the American Podiatric Medical Association, the Washington State Podiatric Medical Association, the American College of Sports Medicine, and the Prescription Footwear Association.

His special interests include lower extremity sports medicine; complex foot and ankle disorders; foot and ankle reconstructive surgery; exercise-induced leg pain; posterior heel disorders; and first MTPJ arthrodesis and lesser MTPJ instability. He is a podiatric advisor to the Northwest Podiatric Education and Research Foundation and a sports medicine editor for the Journal of Foot and Ankle Surgery.

Nicola Maffulli, MD, MS, PhD, FRCS (Orth)

Professor Nicola Maffulli is widely recognised as one of the world's most eminent Consultant Orthopaedic and Sports Injury Surgeons. He is responsible for pioneering revolutionary new procedures and techniques in foot and ankle surgery, and he is responsible for fixing some of the UK's top sportsmen and women, including Premiership football players as well as Track and field Athletes and international rugby players.

Apart from being one of the world's top surgeons and lecturers in this field, Professor Maffulli has published well over 500 peer-reviewed articles in scientific journals. In addition, he has published nine books on Orthopaedic Surgery and in Sports Medicine. Professor Maffulli has particular scientific interest in physiopathology of tendon injuries. Due to these extra-curricular activities and the heavy clinical workload, that has characterised his career thus far, the Prof has developed subspecialty interests and focuses in the following areas: Foot and ankle surgery, Sports trauma, Deformity correction and Complex trauma, knee and ankle arthroscopy, minimally invasive surgery of the knee and foot and ankle.

Professor Maffulli is now Head of the Musculoskeletal Dept at the University of Salerno School Medicine and Dentistry and also the Lead and Professor of Sports and Exercise Medicine at Queen Mary University of London, Barts and The London School of Medicine and Dentistry, Centre for Sports and Exercise Medicine, and Consultant Trauma and Orthopaedic Surgeon at Mile End Hospital, London, and Newham University Hospital, London.

Amol Saxena, DPM

Dr. Saxena's practice specializes in Sports Medicine and Foot & Ankle Surgery, incorporated into the Palo Alto Medical Foundations' multispecialty Sports Medicine group in 1993. Clinical & research interests include sports medicine/running injuries, chronic ankle pain (ankle osteochondral injuries), Achilles and Peroneal Tendons, stress fractures, midfoot injuries (Lisfranc's), revision surgery, flatfoot surgery and 1st MPJT arthritis. He is an international and nationally speaker and author, publishing in dozens of orthopedic journals and texts.

Dr. Saxena is the editor of "**International Advances in Foot and Ankle Surgery**" (Springer 2011), a unique text of internationally re-known podiatric, orthopedic and trauma surgeons

with 45 chapters, and 68 authors. He serves on the editorial Board for Journal of Foot & Ankle Surgery and for Muscle, Ligament & Tendon (Italian). He serves as consulting Podiatrist for Nike Oregon Project, Bay Area Track Club, and local high school athletic teams. He has been director of Fellowship training at PAMF since 1999.

Dr. Saxena has currently treated and operated on dozens of Olympians from around the world (including Gold Medalists and world record holders), and Olympic Trials qualifiers, numerous professional athletes including from the Nike Oregon Project, Golden State Warriors and San Jose Earthquakes, and many top area high school athletic scholarship winners. Dr. Saxena is board certified/Re-certified in Foot and Reconstructive Rearfoot/Ankle Surgery (American Board of Podiatric Surgery), Fellow American College of Foot & Ankle Surgeons, American Academy Podiatric Sports Medicine (which he was presented the Barnes Award for outstanding research in 2011), and served as section Chief at Stanford University Hospital for 15 years.

Prof. Dr. Med Markus Walther

Dr. Walther is the head of the Orthopedic and Foot and Ankle Surgery Dept at Schön Klinik in Munich, Germany. He has published multiple articles on foot and ankle surgery, sports medicine, biomechanics and trauma. Dr. Walther has pioneered several surgical techniques and shoe designs. He has completed foot and ankle Fellowships in the USA. Dr. Walther has been President of the German Foot and Ankle Society (GFFC) since 2012. In addition to his practice, he is involved with hospital organization and quality improvement projects.

Karin Silbernagel, DPT: Univ of Delaware

Kornelia Kulig, DPT: Univ of Southern California



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Please print clearly

Name: _____

Address: _____

City/State/Zip: _____

Cell: _____

Email: _____

If paying by check, make payable in US Funds to AAPSM and mail to:

AAPSM, 3121 NE 26th Street, Ocala, FL 34470

For credit card payments, please complete information below and scan and email back to

ritayates2@aol.com

MasterCard

VISA

American Express

Discover

Card Number: _____

Name on Card: _____

Expiration date: _____

Authorized amount to charge: _____

PayPal payment also accepted – visit www.aapsm.org under events for link

Hotel: Sheraton Palo Alto

Register by Phone: 352-620-8562 or follow link at www.aapsm.org for PayPal payment

*Western University of Health Sciences College of Podiatric Medicine is approved by the Council on
Podiatric Medical Education as a sponsor of continuing education in podiatric medicine.