

Suggestions and Comments From Dr. Mike Lowe, Sports Podiatrist to the Utah Jazz

8026:

The 8026 is a very stable shoe with a reinforced heel counter that has external plastic webbing which will increase the heel counter stability. The Velcro strap at the ankle also provides another positive influence to hold

the foot firmly into the rear foot/ heel counter of the shoe, again for stability. During game time if the shoe is loosening it is easy for the player to simply re tighten the Velcro with stopping the game.

This is a very good functional and stable 3/4 top basketball shoe which will do well for most positions on the floor. Certainly the heavy player (greater than 225 lbs) this shoe will wear out faster than the 160-180 player.

8888:

This is the only full high top shoe that the general public can buy at present. All other shoes are only a 3/4 top.

This is a mild motion control / stability class basketball shoe for the most players, with the exception of the heavier player, above 180 lbs, who will cause this shoe to wear and compress faster so it will rapidly become less stable. This is due to midsole compression and the fact that there is limited shank to midsole material (it is fiberboard). The shoe tests relatively well for Sagittal mid-foot flexion stability out of the box, but this will breakdown quickly due to the fiberboard shank.

904:

This shoe is stable only at the rear-foot do to the B-zip Midsole. It lacks a shank and therefore has very poor mid-foot stability.

Therefore this is a shoe which will not last very long and will quickly become less stable through wear and tear of use.

Dr. Lowe also states, "I also continue to tell my athletes and it has remained true, that after a shoe has been worn more than 60 hours then it should be thrown out and not used for workouts or game any longer, do to midsole compression and stretching of the upper from the torque of use and being wet from sweat." Players with less weight, or younger players may get significantly more playing time out of their shoes.