

Standards in Foot and Ankle Surgery: An International Symposium with Collaboration the German Association for Foot & Ankle Surgery, Chinese Foot & Ankle Society, and American Academy of Podiatric Sports Medicine

US CME Granted by Scholl College of Podiatric Medicine (20.5 Total applied for) Cost US\$ approximately \$450.00 (includes 3 lunches and 1 dinner)

Register directly: coming soon

Hotel booking: coming soon

Additional contact: Amol Saxena email: heysax@aol.com

Thursday, December 5, 2019 (7 US CME)

NOTE: Topics/Speakers subject to change

10:00 -12:00 Current concepts in forefoot surgery (Goals: Understand new concepts in forefoot surgery)

Chair: Prof. WALTHER, Markus - Prof. ZHU Yongzhan – Dr. HASE, Charlotte – Dr. FOURNIER Maggie

10:00 (Walther, 15 min + 5 min Discussion): Open and minimal invasive surgery of the 1st ray – Current trends in Europe.

10:20 (Zhu, 15 min, + 5 min Discussion):

10:40 (Hase, 15 min + 5 min Discussion): Management of lesser toe deformities

11:00 (Fournier, 15 min + 5 min Discussion): Hallux valgus management in athletes

11:20 (Saxena) Off-loading the Forefoot-role of Rocker-soled Shoes

11:40 (Saxena) Turf-toe: what is it?

12:00-13:00 Lunch

13:00-14:30 Ankle Arthroscopy (Goals: Learn updated ankle arthroscopy techniques)

Chair: GALLA Mellany - XU Hailin - STINUS Hartmut – CAMASTA Craig

13:00 (Galla, 15 min + 5 min Discussion): Ventral ankle arthroscopy – indications, tips and tricks

13:20 (Xu, 15 min + 5 min Discussion): Arthroscopic lateral ligament repair in the ankle

13:40 (Stinus, 15 min + 5 min Discussion): Rehabilitation after ankle injuries (conservative and operative management, braces and orthotics)

14:00 (Camasta): Dorsal ankle arthroscopy – Indication, tips and tricks

14:30-15:00 *Coffee break*

15:00-16:30 Tendons (Goals: Learn current management of tendinopathy)

Chair: WALTHER Markus, BAOGUO Jiang, SAXENA Amol, FOURNIER, Maggie,

15:00 (Saxena, 15 min + 5 min Discussion) Management of acute Achilles tendon ruptures – in athletes and others

15:20 (Walther: 15 min + 5 min Discussion) Management of chronic Achilles tendon ruptures

15:40 (Baogou: 15 min + 5 min Discussion) Conservative management of chronic Achilles tendinitis in China

16:00 (Fournier: 15 min + 5 min Discussion) Management of peroneal tendon disorders

Szeimies: How to read MRI images in tendon disorders

16:45-18:45 Workshop Shockwave (Goals: Understand current Evidence for the uses of shockwave with hands-on)

Chair: SAXENA, Amol, Gerdesmeyer Ludger)

Gerdesmeyer: Evidence for shock wave in bone and soft tissue problems

Saxena: Shock wave therapy in foot and ankle – indications, tips and tricks

Practical exercises (Instr: Saxena, Gerdesmeyer, Messmer)

Friday, December 6, 2019 (6.5 US CME)

9:00-10:30 Current Trends of Minimally Invasive foot surgery (Goals: Learn about current trends and techniques for MIS)

(Walther, M)

10:30-11:00 *BREAK*

11:00 –12:30 Hallux rigidus (Goals: Learn current techniques for dealing with Hallux Rigidus)

Chair: RÖSER Anke, MA, SHOU, Louie, SHOU Qing

11:00 (Ma 15 min + 5 min Discussion): Decision making – fusion or cheilectomy in Hallux rigidus

11:20 (RÖSER 15 min + 5 min): Cartiva – the European experience

11:40 (Q. SHOU 15 min + 5 min): Periarticular osteotomies in Hallux rigidus – Indication and evidence

12:00 (CAMASTA): Tips and tricks to make MTP fusion a successful surgery

12:20 (L. Shou): OCD & Hallux Rigidus Repair: Preliminary results

12:30-14:00 Workshop (Goals: Learn new fixation techniques for Midfoot Fusions)

14:00-15:30 *Break*

16:00 -18:00 Diabetic Foot Problems: (Goals: Understand current management of diabetic foot problems)

(Springfeld R)

(Gundlach, K)

Saturday, December 7, 2019 (7 US CME)

9:00-10:30 Free Topics/Abstracts (Goals: learn about current research)

9:00 (Orthner, E)

9:30 (Simons, P)

10:00 (Koehne, G)

10:30: *Break*

11:00-12:30 Development of Foot Surgery in Germany (Goals: Understand who developed foot surgery and why)

11:00-12:30 (Olms, K)

12:30-13:00 Lunch

13:00-14:00 Hands-on Workshops (Goals: Learn new techniques for ankle OCD repair)

14:00-15:30 Hindfoot deformities in adult and children (Goals: get updated on the management of flatfoot worldwide)

Chair: Prof. JIANG, Prof. HAMEL Johannes, BRAATZ, CAMASTA Craig

14:00 (CAMASTA 15 min + 5 min Discussion) Management of posterior tibial tendon insufficiency in North America

14:20 (JIANG 15 min + 5 min Discussion) Management of posterior tibial tendon insufficiency in China

14:40 (HAMEL 15 min + 5 min Discussion) Management of flat foot deformities in children

15:00 (BRAATZ 15 min + 5 min Discussion) Management of complex neurogenic foot deformities

15:30- *BREAK*

16:00-17:30 Panel Discussion (Goals: Understand final take-homes points)

Saxena-Walther Moderators