



Join us for the 3<sup>rd</sup> Biomechanics Summit  
Wednesday, January 24, 2024

**PLEASE NOTE THIS EVENT IS VIRTUAL**

**4:00 pm EST**

**Register at [Arlingtonfoot@gmail.com](mailto:Arlingtonfoot@gmail.com)**



*American Academy of Podiatric Sports Medicine (AAPSM) Fellow Ben Pearl, DPM is currently working on making the 3rd annual Biomechanics Summit '24 the best yet and we are thrilled to have Richard Blake, DPM live and AAPSM Board member Missy Journot, DPM join the faculty!*

*This year – while supplies last- Brooks has generously offered to provide a limited number of running shoes to early bird registrants. **The early bird rate for AAPSM members will be \$60 if you register prior to December 22, 2023. After December 22, registration will increase to \$75. Please reach out to Dr. Pearl directly at [Arlingtonfoot@gmail.com](mailto:Arlingtonfoot@gmail.com) with your requested model, color and shoe size (super shoes excluded).***

**Program:**

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|-------------|---|
| 4:00 PM EST | Opening Remarks<br>Brooks Gurus Update '24  |
| 4:15 PM EST | Limb Length Discrepancy- Is it Time for a New Think?<br>Clifton Bradeley, (PhD Track)     |
| 4:40 PM EST | Common Rehab Mistakes<br>Nick Knight, MSC BSc (Hons) MFPM RCPS (Glasg)                    |
| 5:00 PM EST | Tissue Biomechanics: From Macro to Micro<br>Ben Pearl, DPM                                |
| 5:15 PM EST | Medical Devices and Biomechanics<br>Lina Kontos, J.D, Biomedical Science & Engineering BS |

- 5:30 PM EST OS1st Plantar Fascia Kit Update
- 5:35 PM EST Approaching Biomechanics 1 Patient at a Time  
Richard Blake, DPM
- 6:00 PM EST Open Panel Discussion: Controversies in Biomechanics and Running Shoes  
Panel: Clifton Bradeley, Golden Harper, Richard Blake, DPM, Simon Bartold  
Moderator: Ben Pearl, DPM
- 6:25 PM EST Etiologies and Strategies for the Acquired Adult Flat Foot  
Zoe Wilson, MSc in Theory of Podiatric Surgery
- 6:45 PM EST Lateral Ankle Stability Crossroads-with a Twist  
Missy Journot, DPM
- 7:05 PM EST Q&A/Closing Remarks  
Ben Pearl, DPM

\*Speakers and topics subject to change