



# AAPSM STAND ALONE MEETING

**OCTOBER 21-23, 2022**

Fairmont Olympic Hotel  
Seattle, Washington

**A program designed for**  
Podiatrists, Sports Medicine  
Physicians, Foot & Ankle  
Surgeons, Chiropractors,  
Physical Therapists, Athletic  
Trainers, Podiatry Residents,  
Fellows in Training and Students.

# Program Agenda: Friday, October 21, 2022

(Topics and speakers subject to change)

6:30 am – 8:00 am	<b>Morning Run with Shoe Testing</b> <i>Pick up shoes in Exhibit Hall</i>	Spanish Foyer
7:00 am – 7:45 am	<b>Registration / Continental Breakfast / Exhibits</b>	Spanish Foyer
7:45 am – 8:00 am	<b>Welcome Address</b>	Spanish Ballroom
<b>8:00 am – 10:00 am</b>	<b>Lecture Hall – Session 1</b>	<b>Spanish Ballroom</b>
8:00 am – 8:30 am	Craig Payne	Drinking the Kool Aid: The pervasiveness of pseudoscience in podiatric sports medicine  • Learning Objective: Discuss how to better understand scientific information when exposed to conflicting data
<b>Internal MTPJ Panel</b> Moderator: Joe Agostinelli		
8:30 am – 9:30 am	Panel: Rich Bouché John Grady	Panel Discussion: The enigmatic internal MTPJs: Non-operative vs. operative management of common pathologies  • Learning Objective: Debate the evidence concerning treatments of common problems affecting the 2nd, 3rd & 4th MTPJs
9:30 am – 10:00 am	Michael Donato	Foot position and its relationship to stability and mobility in strength training  • Learning Objective: Discuss why foot position matters when weightlifting
<b>10:00 am – 10:30 am</b>	<b>Morning Break / Exhibits</b>	<b>Spanish Foyer</b>
<b>10:30 am – 12:30 pm</b>	<b>Lecture Hall – Session 2</b>	<b>Spanish Ballroom</b>
10:30 am – 11:00 am	Leslie Yen	Diagnosis and treatment of neurogenic foot pain using ultrasound and hydrodissection  • Learning Objective: Learn how to use ultrasound to evaluate nerves in the foot and ankle and understand the use of nerve hydrodissection
11:00 am – 12:00 pm	Ludger Gerdesmeyer	ESWT: Stand-alone option or team player?  • Learning Objective: Describe why ESWT as an excellent tool in the modern treatment concept as an add on option to standard care
12:00 pm – 12:30 pm	Rob Conenello	2021 US case study review: The use of microwave therapy for the treatment of HPV, plantar verrucae and IPKs  • Learning Objective: Discuss microwave therapy as a treatment option for plantar warts
<b>12:30 pm – 1:15 pm</b>	<b>Lunch</b> <b>Dessert / Exhibits</b>	<b>The Garden</b> <b>Spanish Foyer</b>



# Program Agenda: Friday, October 21, 2022, continued

(Topics and speakers subject to change)

<b>1:15 pm – 3:15 pm Workshops #1-7</b> Must Pre-Register for Workshops as follows: <b>Select either: Workshop #1   OR   Select ONE EACH from Workshops #2-4 AND Workshops #5-7</b> <i>NOTE: Some workshops limited to 30 people</i>				
CHOOSE THIS	1:15 pm – 2:15 pm	Maggie Fournier	<b>#1:</b> Provocative clinical maneuvers of common lower extremity pathologies <ul style="list-style-type: none"> <li>• Learning Objective: Review, identify and develop skills to perform specific physical exam maneuvers for common pathologies of the lower extremity</li> </ul>	Senate Hall
	2:15 pm – 3:15 pm	Jeff Pentek		
OR				
CHOOSE ONE	1:15 pm – 2:15 pm	Leslie Yen	<b>#2:</b> Ultrasound evaluation of the nerve in the foot and ankle: Hands on workshop ( <i>repeat of workshop #5</i> ) <ul style="list-style-type: none"> <li>• Learning Objective: Understand and practice the evaluation of the nerve in the foot and ankle using ultrasound</li> </ul>	Congress Hall
	1:15 pm – 2:15 pm	Amol Saxena Adam Tenforde Ludger Gerdesmeyer	<b>#3:</b> Evidence based medicine shockwave update: What are the best protocols? When to use? Where to use? <ul style="list-style-type: none"> <li>• Learning Objective: Discuss indications and protocols for using shockwave therapy for foot and ankle pathologies</li> </ul>	Parliament Hall
	1:15 pm – 2:15 pm	Nancy Kadel	<b>#4:</b> Diagnosis and treatment of common dance injuries <ul style="list-style-type: none"> <li>• Learning Objective: Discuss the evaluation of the foot and ankle injury in the dancer and the treatment of these injuries</li> </ul>	Council Hall
+ PLUS				
CHOOSE ONE	2:15 pm – 3:15pm	Leslie Yen	<b>#5:</b> Ultrasound evaluation of the nerve in the foot and ankle: Hands on workshop ( <i>repeat of workshop #2</i> ) <ul style="list-style-type: none"> <li>• Learning Objective: Understand and practice the evaluation of the nerve in the foot and ankle using ultrasound</li> </ul>	Congress Hall
	2:15 pm – 3:15pm	Jay Spector Ray McClanahan	<b>#6:</b> Teaching efficient running form and strengthening the foot ( <i>repeat of workshop 13</i> ) <ul style="list-style-type: none"> <li>• Learning Objective: Evaluate patient biomechanics for movement dysfunction, prescribe simple corrective measures and build a program to help patients' foot strength</li> </ul>	Metropole
	2:15 pm – 2:45pm	Maggie Fournier Clint Laird	<b>#7:</b> Cycling injuries, proper footwear & bike adjustments <ul style="list-style-type: none"> <li>• Learning Objective: Understand and describe lower extremity injuries specific to cycling and their treatment based on proper footwear and bike adjustments</li> </ul>	Parliament Hall
	2:45 pm – 3:15 pm	Jay Spector	<b>#7:</b> Teaching a dynamic stretching routine <ul style="list-style-type: none"> <li>• Learning Objective: Demonstrate how to do active stretches to reduce delayed onset muscle soreness (DOMS)</li> </ul>	Parliament Hall
	<b>3:15 pm – 3:45 pm Afternoon Break/ Exhibits</b>			
<b>3:45 pm – 6:00 pm Lecture Hall – Session 3</b>				Spanish Ballroom
	3:45 pm – 4:30 pm	Adam Tenforde	Bone injuries in athletes: What to look for, how to treat and how do we lower the risk? <ul style="list-style-type: none"> <li>• Learning Objective: Discuss the risk factors and best practice to manage bone stress injuries in the athlete</li> </ul>	
	4:30 pm – 5:15 pm	John Grady	The pediatric athlete: Special considerations in treatment <ul style="list-style-type: none"> <li>• Learning Objective: Understand and describe sporting injuries specific to youth sports and their specific treatment protocol</li> </ul>	
	5:15 pm – 6:00 pm	Dave Leffmann	Evaluating the complex patient: Stopping chronic pain before it starts <ul style="list-style-type: none"> <li>• Learning Objective: Improve evaluation skills of the complex patient, employ a simple objective screening tool for risk of chronic pain and discuss treatment strategies and options</li> </ul>	
	<b>6:00 pm – 9:00 pm Brooks Experience and Evening Reception at Brooks Headquarters*</b> <b>Sponsored by Brooks Running</b> <i>* Pre-registration is required / There is no additional fee for registrants to attend Board buses at Hotel Main Entrance</i>			

# Program Agenda: Saturday, October 22, 2022

(Topics and speakers subject to change)

6:30 am – 8:00 am	<b>Morning Run with Shoe Testing</b> 5K run, pre run talk and warm-up to be led by the Brooks Beasts Pro Running Group <b>Pick up shoes in Exhibit Hall</b>	Spanish Foyer		
7:00 am – 8:00 am	<b>Sign In / Continental Breakfast / Exhibits</b>	Spanish Foyer		
8:00 am – 10:00 am	<b>Lecture Hall – Session 4</b>	Spanish Ballroom		
<b>Orthotics Panel: The Use of Custom Orthotic Devices in Athletes</b> Moderator: Jay Spector				
8:00 am – 8:30 am	Craig Payne	Load management vs foot orthotics for overuse injuries • Learning Objective: Discuss the latest research and concepts regarding foot orthoses		
8:30 am – 9:00 am	Chris MacLean	Do custom orthotic devices weaken the foot? • Learning Objective: Discuss the musculoskeletal functionality of orthoses		
9:00 am – 9:30 am	Ben Pearl	Evolving sock technology: Fit, compression and moisture management • Learning Objective: Review current research in compression for vascular disease and post exercise recovery		
9:30 am – 10:00 am	Panel: Chris MacLean Craig Payne Ben Pearl Mark Reeves	Panel Discussion • Learning Objective: Discuss which custom foot orthotic device to use at the appropriate time and what the medical evidence states on the topic		
10:00 am – 10:30 am	<b>Morning Break/ Exhibits</b>	Spanish Foyer		
10:30 am – 12:30 pm	<b>Workshops #8-15</b> Must Pre-Register for Workshops as follows: <b>Select ONE each from: Workshops 8-11 PLUS Workshops 12-15</b> <i>NOTE: Some workshops limited to 30 people</i>			
CHOOSE ONE	10:30 am – 11:30 am	Don Greiert	<b>#8:</b> Shoe modifications for the athlete • Learning Objective: Discuss how to properly modify a shoe in the treatment of athletic population	Council Hall
	10:30 am – 11:30 am	Adam Tenforde	<b>#9:</b> Where is the weakness: Physical exam of the athlete • Learning Objective: Describe physical examination techniques to optimize the evaluation of an athlete with injury	Senate Hall
	10:30 am – 11:30 am	Gina Peterson	<b>#10:</b> Taping workshop • Learning Objective: Discuss and practice how to treat musculoskeletal conditions with athletic tape	Parliament Hall
	10:30 am – 11:30 am	Danny Mackey	<b>#11:</b> Nutrition, recovery and periodization for the athlete • Learning Objective: Discuss what the best evidence based medicine nutrition choices are for athletes and the concepts of recovery and periodization of training	Congress Hall
+ CHOOSE ONE	<b>PLUS</b>			
	11:30 am – 12:30 pm	Paul Langer	<b>#12:</b> 3D printed orthoses in the office: It's here! • Learning Objective: Discuss the different scanning methods, 3D printing methods and materials available and how both custom foot orthotics and footwear can be manufactured via 3D printing	Council Hall
	11:30 am – 12:30 pm	Ray McClanahan Jay Spector	<b>#13:</b> Teaching efficient running form and strengthening the foot ( <i>repeat of workshop 6</i> ) • Learning Objective: Evaluate patient biomechanics for movement dysfunction, prescribe simple corrective measures and build a program to help patients' foot strength	Metropole
	11:30 am – 12:30 pm	Gina Peterson	<b>#14:</b> How to identify and strengthen core weakness in the athlete • Learning Objective: Discuss how to identify core weakness and prescribe a simple core strengthening routine for patients	Parliament Hall
	11:30 am – 12:30 pm	Larry Huppin	<b>#15:</b> The at-home biomechanics "Fellowship" plus 7 essential in-office orthotic modifications to improve clinical outcomes • Learning Objective: Discuss an easy-to-follow science-based online "curriculum" to learn modern biomechanics and orthotic therapy	Congress Hall

# Program Agenda: Saturday, October 22, 2022, continued

(Topics and speakers subject to change)

<b>12:30 pm – 1:15 pm</b>	<b>Lunch</b>		The Garden
	<b>Dessert / Exhibits</b>		Spanish Foyer
<b>1:15 pm – 3:30 pm</b>	<b>Lecture Hall – Session 5</b>		<b>Spanish Ballroom</b>
1:15 pm – 2:15 pm	Chris MacLean	Video gait exam • Learning Objective: Discuss how to conduct a proper gait analysis	
<b>Shoes and Injury Prevention Panel</b> Moderator: Paul Langer			
2:15 pm – 3:30 pm	Panel: Jonathan Beverly Craig Payne Mark Reeves	Panel Discussion: What does the medical evidence report about shoes and injury prevention?  • Learning Objective: Debate the evidence in the controversial association of running shoes with injuries	
<b>3:30 pm – 4:00 pm</b>	<b>Afternoon Break / Exhibits</b> (Final opportunity to visit exhibitors)		Spanish Foyer
<b>4:00 pm – 6:00 pm</b>	<b>Lecture Hall – Session 6</b>		<b>Spanish Ballroom</b>
4:00 pm – 5:00 pm	John Grady	1 <sup>st</sup> MPJ: Fusion vs arthroplasty in the athlete • Learning Objective: Discuss the most appropriate approach in treating 1st MTPJ pathologies in the athlete	
5:00 pm – 6:00 pm	Maggie Fournier	Gender in sports: How far we've come and where we're heading • Learning Objective: Discuss the history of gender issues in competitive sports and current policies	
<b>6:00 pm – 6:30 pm</b>	<b>Presentation of the Golden Foot and Distinguished Awards</b>		Spanish Ballroom
<b>6:30 pm – 7:30 pm</b>	<b>Lecture Hall – Session 7</b>		<b>Spanish Ballroom</b>
<b>Panel: Treatment for 3 Common Injuries: Past vs. Present</b> Moderator: Joe Agostinelli			
6:30 pm – 7:30 pm	Paul Langer	Plantar fasciitis	• Learning Objective: Discuss what treatments worked in the past for 3 common injuries and what the latest medical based evidence shows is now the best treatment
	Howie Osterman	Achilles tendinosis	
	Jay Spector	Medial tibial stress syndrome	
<b>7:30 pm – 8:30 pm</b>	<b>50th Anniversary Evening Reception*</b> <i>* Pre-registration is required</i> <i>There is no additional fee for registrants to attend.</i> <i>There is a \$100 per person fee for significant others to attend.</i>		Spanish Foyer



# Program Agenda: Sunday, October 23, 2022

(Topics and speakers subject to change)

	7:00 am – 8:00 am	Sign In / Continental Breakfast	Spanish Foyer
	8:00 am – 10:00 am	<b>Concurrent Sessions Part 1 – Choice of Two Options</b>	
Choose this	<b>Option 1: Ankle and Achilles Injuries</b>		Congress Hall
	8:00 am – 8:30 am	Amol Saxena	Podiatry, Prejudice & Proposals <ul style="list-style-type: none"> <li>• Learning Objective: Discuss barriers in medicine and society that limit a person and professions' success</li> </ul>
	8:30 am – 9:15 am	Alicia Canzanese	Return to play following ankle injury <ul style="list-style-type: none"> <li>• Learning Objective: Discuss proper return to play criteria in relation to proper rehabilitation principles and demonstrate objective measures and evaluation techniques that can be used to properly evaluate readiness for sport</li> </ul>
	Foot and Ankle Arthroscopy Panel Moderator: Michael Donato		Congress Hall
	9:15 am – 10:00 am	Panel: John Grady Amol Saxena	Panel Discussion: Indications for foot and ankle arthroscopy <ul style="list-style-type: none"> <li>• Learning Objective: Debate indications for ankle arthroscopy</li> </ul>
Or this	<b>Option 2: Mini Biomechanics Boot Camp – Part 1</b>		Spanish Ballroom
	8:00 am – 10:00 am	Craig Payne	Practical applications of newer theoretical approaches ⇒ Role of forces vs. motion ⇒ Clinical tests to improve prescribing and clinical outcomes <ul style="list-style-type: none"> <li>• Learning Objective: Discuss the practical application of all the latest thoughts, ideas, concepts, theories and research regarding lower extremity biomechanics</li> </ul>
	10:00 am - 10:30 am	Morning Break	Spanish Foyer
	10:30 am – 12:30 pm	<b>Concurrent Sessions Part 2 – Choice of Two Options</b>	
Choose this	<b>Option 1: Lecture Hall – Session 8</b>		Congress Hall
	10:30 am – 11:30 am	Alicia Canzanese	The inversion ankle sprain: Evidenced based approaches to treatment and rehabilitation <ul style="list-style-type: none"> <li>• Learning Objective: Evaluate the current literature on the recommended current evidence based best treatment principles for acute ankle sprains and discuss how to structure a proper rehabilitation plan</li> </ul>
	11:30 am – 12:10 pm	David Jenkins	Podiatric conditions seen in persons with intellectual disabilities <ul style="list-style-type: none"> <li>• Learning Objective: Discuss several of the unique podiatric conditions seen in persons with intellectual disabilities</li> </ul>
	12:10 pm – 12:30 pm	David Jenkins Timothy Dutra	Incorporation of Special Olympics Fit Feet into the academic setting <ul style="list-style-type: none"> <li>• Learning Objective: Discuss the extraordinary educational and clinical training opportunities for podiatric medical students available from participation in Special Olympics Fit Fee, as well as reinforce biomechanical principles and application</li> </ul>
Or this	<b>Option 2: Mini Biomechanics Boot Camp – Part 2</b>		Spanish Ballroom
	10:30 am – 12:30 pm	Craig Payne	Orthotic prescription variables ⇒ Linking the biomechanical assessment to the orthotic prescription

# Faculty

## Joseph Agostinelli, DPM

Immediate Past President, Fellow,  
American Academy of Podiatric Sports Medicine;  
Retired Colonel USAF

## Jonathan Beverly

Author, Editor in Chief, PodiumRunner

## Richard Bouché, DPM

Podiatrist (retired), The Sports Medicine Clinic  
at the University of Washington Medicine/Northwest  
Hospital Campus;  
Past President, Fellow, American Academy  
of Podiatric Sports Medicine

## Alicia Canzanese, DPM, ATC

Secretary/Treasurer, Fellow, American Academy of  
Podiatric Sports Medicine;  
Gordon Podiatry, LLC

## Robert Conenello, DPM

Past President, Fellow, American Academy of  
Podiatric Sports Medicine;  
Podiatrist, Orangetown Podiatry, PC

## Michael Donato, DPM

Vice-President, Fellow, American Academy of  
Podiatric Sports Medicine;  
Rappahannock Foot & Ankle Specialists

## Timothy Dutra, DPM, MS, MHCA

Clinical Director, Special Olympics of Northern  
California Health Athletes Program; Assistant Professor  
& Clinical Investigator, Samuel Merritt University  
Past President, Fellow, American Academy of Podiatric  
Sports Medicine

## Maggie Fournier, DPM

Past President, Fellow, American Academy of  
Podiatric Sports Medicine;  
Podiatrist, Gundersen Health System

## Ludger Gerdesmeyer, MD, PhD

Professor of Orthopedics, University of  
Schlegsweg-Holstein, Kiel, Germany

## John F. Grady, DPM

Residency Director, Advocate Christ Medical Center  
and Advocate Children's Hospital;  
Professor of Surgery and Applied Biomechanics, Rosalind  
Franklin University, adjunct track;  
Fellow, American Academy of Podiatric Sports Medicine

## Don Greiert, CPED

The Sports Medicine Clinic at the University  
of Washington Medicine/Northwest Hospital Campus

## Lawrence Huppín, DPM

Associate, American Academy of Podiatric Sports Medicine;  
Podiatrist, Foot & Ankle Center of Washington

## David Jenkins, DPM

Professor, Arizona College of Podiatric Medicine,  
Midwestern University; Global Clinical Advisor for  
Special Olympics Fit Feet; Past President, Fellow,  
American Academy of Podiatric Sports Medicine

## Nancy Kadel, MD

Orthopedist, Sports, Dance and Performing Arts Medicine,  
Seattle Spine & Sports Medicine;  
President-Elect International Association for Dance Medicine  
& Science (IADMS)

## R. Clinton Laird, DPM

Director, Fellow, American Academy of Podiatric Sports Medicine;  
McCormick Foot, Ankle & Vein Clinic, Port Charlotte, FL

## Paul Langer, DPM

Past President, Fellow, American Academy of Podiatric  
Sports Medicine;  
Podiatrist, Twin Cities Orthopedics

## David Leffmann, MPT

Physical Therapist, Seattle, Washington

## Danny Mackey

Head Coach & Manager, Brooks Beasts Track Club

## Dr. Christopher L. MacLean, Ph.D

Senior Applied Biomechanist, Fortius Lab, Fortius Sport  
& Health, Burnaby, BC;  
Senior Forensic Biomechanist, BIORECON Engineering,  
Vancouver, BC;  
Adjunct Professor, Faculty of Medicine, University of British  
Columbia, Vancouver, BC;  
Adjunct Professor, Faculty of Science, Simon Fraser  
University, Burnaby, BC

## Ray McClanahan, DPM

Associate, American Academy of Podiatric Sports Medicine;  
Podiatrist, Northwest Foot & Ankle;  
Correct Toes

## Howard Osterman, DPM

Past President, Fellow, American Academy of Podiatric  
Sports Medicine;  
Podiatrist, Foot & Ankle Specialists of the Mid-Atlantic

## Craig Payne, DPM

Lecturer, Melbourne, Australia

## Aaron Ben Pearl, DPM

Podiatrist, Virginia Hospital Center;  
Fellow, American Academy of Podiatric Sports Medicine

## Jeffrey Pentek, DPM

Podiatrist, Virginia Mason Franciscan Health;  
Fellow, American Academy of Podiatric Sports Medicine

## Gina Peterson, DPT, OMT, EP-C

IRG Center for Structural Medicine

## Mark Reeves, DPM

Fellow, American Academy of Podiatric Sports Medicine

## Amol Saxena, DPM

Past President, Fellow, American Academy of Podiatric  
Sports Medicine;  
Podiatrist, Palo Alto, California

## Jay Spector, DPM

President, Fellow, American Academy of Podiatric  
Sports Medicine;  
Podiatrist, Atlanta Sports Podiatry

## Adam Tenforde, MD

Sports Medicine, Physical Medicine and Rehabilitation,  
Spaulding Rehabilitation Hospital and Spaulding National  
Running Center

## Leslie Yen, MD, CAQSM, RMSK, FACP

Primary Care Sports Medicine, Swedish Spine, Sports and  
Musculoskeletal Medicine;  
Primary Care Sports Medicine (Internal Medicine),  
MSK Ultrasound

# ***Directors, Officers & Staff***

## **Program Director:**

Jay Spector, DPM

## **AAPSM Officers:**

**President:** Jay Spector, DPM

**Vice-President:** Michael Donato, DPM

**Secretary / Treasurer:** Alicia Canzanese, DPM

**Director:** Clint Laird DPM

**Immediate Past President:** Joseph Agostinelli,  
DPM – Colonel, USAF Retired

**Executive Director:** Rita J. Yates

## **AAPSM Administrative Staff:**

**Scientific Event Manager:** Paula Rowbury

## **AAPSM Website:**

<http://www.aapsm.org/>

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## ***Continuing Education***

### **Podiatrists:**

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between the American Board of Podiatric Medicine (ABPM) and the American Academy of Podiatric Sports Medicine (AAPSM).

ABPM is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. AAPSM has approved this activity for a maximum of 21.50 continuing education hours.

### **COVID Policy:**

All Registrants attending the AAPSM Stand Alone Meeting must comply with all local & state governmental COVID related policies that are in place during our meeting dates.

Please refer to the following website for up to date COVID policies that will impact our meeting in Seattle, Washington: [www.fairmont.com/seattle](http://www.fairmont.com/seattle)

Since these policies are subject to change at any moment, we encourage you to bookmark this page and refer to it PRIOR to your trip to Seattle.

### **Program Learning Objectives:**

1. Expand and integrate an understanding of the scientific as well as clinical knowledge of the lower extremity to better prevent and treat sports-related musculoskeletal conditions.
2. Facilitate a personalized educational experience through a comprehensive offering of instructional courses, panel discussions, and scientific presentations.
3. Integrate current basic science, translational research, and state-of-the-art procedures and technology into clinical practice.

### **Program Materials:**

In an effort to reduce paper consumption the AAPSM Stand Alone meeting has elected to go green so we will NOT be handing out a hard copy of our program syllabus onsite. All registered participants will be given instructions on how to access a PDF file of the syllabus approximately 1 week prior to our program. We appreciate your support of our efforts to reduce waste.



# Social Program

## ***Morning Run with Shoe Testing***

Friday, October 21, 2022

6:30 am – 8:00 am

Pick up shoes in Exhibit Hall (Metropole)

## ***Brooks Experience and Evening Reception at Brooks Headquarters***

Friday, October 21, 2022

6:00 pm – 9:00 pm

**6:00 pm:** Board buses for transfers to Brooks Headquarters (meet at Hotel Main Entrance)

**6:30 – 7:00 pm:** Keynote Address / Drinks / Light Appetizers

**7:00 – 8:00 pm:** Tour: Brooks Lab, Building and Trailhead Store (with buying experience)

**8:00 – 9:00 pm:** Dinner

**9:00 pm:** Bus transfers back to hotel

**Note:** Pre-registration is *required* for the Brooks Evening Reception. There is no additional fee for registrants to participate. This event is *not* open to significant others.

## ***Morning Run with Shoe Testing***

Saturday, October 22, 2022

6:30 am – 8:00 am

Pick up shoes in Exhibit Hall (Metropole)

The Saturday morning run will include a 10-minute pre-run talk and warm up with the Brooks Beasts Pros.

## ***50th Anniversary Evening Reception and Award Presentations***

Saturday, October 22, 2022

6:00 pm – 8:30 pm

6:00 – 6:30 pm: Award Presentations  
(Spanish Ballroom)

- Golden Foot Award
- AAPSM Presidential Plaque
- Robert Barnes Distinguished Service Award
- President's Award
- AAPSM Lifetime Achievement Award

6:30 – 7:30 pm: Panel: Treatment for 3 Common Injuries: Past vs. Present (Spanish Ballroom)

7:30 – 8:30 pm: 50th Anniversary Evening Reception (Spanish Foyer)

**Note:** Pre-registration is *required* for the 50th Anniversary Evening Reception. There is no additional fee for registrants to participate. There is a \$100 per person fee for significant others to attend.



## The Brooks Experience

The American Academy of Podiatric Sports Medicine is extremely grateful for Brooks' generous support of the AAPSM 50th Anniversary Celebration and our Stand Alone Meeting. We encourage all AAPSM Meeting registrants to take advantage of and participate in the following Brooks Experiences:

### 50th Anniversary Commemorative Jackets

Sponsored by Brooks Running

Custom jacket design to be revealed during AAPSM meeting



AAPSM Stand Alone Meeting registrants will receive the above 50th Anniversary commemorative jacket.

You will need to provide the following sizing details when registering for our meeting:

**Gender:** Male / Female

**Size:** XS / S / M / L / XL / XXL

**Links for Brooks apparel sizing charts:**

[Men's Apparel](#)

[Women's Apparel](#)

**Note:** You must register by June 8, 2022 to be guaranteed a commemorative jacket. After this deadline, jackets and sizes will be provided based on availability.

### Brooks Experience and Evening Reception at Brooks Headquarters

Friday, October 21, 2022

6:00 pm – 9:00 pm

See the Social Program page of this brochure for complete details.

**Note:** Pre-registration is required for the Brooks Evening Reception. There is no additional fee for registrants to participate. This event is *not* open to significant others.

### Morning Run

led by Brooks Beasts Pro Running Group

Saturday, October 22, 2022

6:30 am – 8:00 am

Meet in Exhibit Hall (Metropole)

The Saturday morning run will include a 10-minute pre-run talk and warm up with the Brooks Beasts Pros.

### Buying Experience

at the Brooks Trailhead Store

The Brooks Running Trailhead Store will be open to all AAPSM registrants during the Brooks evening reception on Friday and during the dates of the AAPSM Stand Alone Meeting. Gait analysis will be available on a drop-in basis during your shopping experience.

### Gait Analysis

at Brooks Beasts Headquarters

Gait analysis will be available by drop-in or appointment at the Brooks exhibit during the exhibit hours of our meeting. It will also be available as drop-in only at the Brooks Headquarters during the Friday evening reception.

Contact Brooks Running directly with questions and/or to schedule an appointment: [Toby.Rollinson@Brooksrunning.com](mailto:Toby.Rollinson@Brooksrunning.com)

### Roundtable

with Brooks Product Team

Brooks Running will be sponsoring a sit down roundtable discussion with a limited group of AAPSM Stand Alone Meeting registrants.

Contact Brooks Running directly if you would like to participate: [Toby.Rollinson@Brooksrunning.com](mailto:Toby.Rollinson@Brooksrunning.com)



## Conference Venue

### Fairmont Olympic Hotel

411 University Street  
Seattle, Washington 98101

Phone: 1-206-621-1700

Email: [olympic@fairmont.com](mailto:olympic@fairmont.com)

Hotel URL for maps and directions:  
<https://www.fairmont.com/seattle/>

Downtown Seattle's premier luxury hotel, the Fairmont Olympic captures the charm and elegance of the Italian Renaissance. Built in 1924 and located in the heart of the city, this legendary hotel offers breathtaking architecture, acclaimed dining and impeccable service. With spacious rooms and corridors, as well as a full-service fitness center and indoor pool/spa, The Fairmont Olympic shines as *the* classic must-experience hotel in Seattle.

### Guest Room Reservations:

**Dates Available: October 20, 21, 22, 2022**

Single or Double Occupancy

**Deluxe King** **\$289 + tax**

**Deluxe Double / Double** **\$309 + tax**

**Note:** The AAPSM has secured a limited number of guest rooms at the discounted rates quoted above. These rates are only available to AAPSM meeting participants and will expire on 9/13/2022 OR when the AAPSM room block sells out – whichever comes first.

### Online Reservations:

To access the AAPSM group rate, go to:  
<https://book.passkey.com/go/AAPSM2022>

### Room Cancellation Policy:

You must cancel by 3 pm no later than 48 hours prior to arrival to avoid a penalty in the amount of your full reservation nights.

# Registration

**Deadline:** Friday, September 13, 2022

Register by June 8, 2022, to be guaranteed a 50th Anniversary AAPSM commemorative jacket courtesy of Brooks.

The **online registration** form can be accessed at:

<https://member.aapsm.org/conference>

- Space is limited and is offered on a first come, first served basis. We expect a full house.
- To take advantage of our early registration fees and complimentary Brooks jacket, you must register by June 8, 2022.
- Online registration form closes after September 13, 2022.

## 2022 AAPSM Stand Alone Meeting Registration includes the following (for registrants only):

- Course materials
- Admission to all lecture hall sessions and panel discussions on Friday, Saturday and Sunday
- Choice of workshops each day on Friday and Saturday
- Meals: Breakfast, lunch and breaks on Friday and Saturday, Breakfast and break on Sunday
- Social Programs: Brooks Reception on Friday and 50th Anniversary Reception on Saturday. Morning runs on Saturday and Sunday.

**Note:** Pre-registration is *required* for the Friday and Saturday Receptions. There is no additional fee for registrants to attend either reception

**Note:** There is a \$100 per person fee for your significant other(s) to attend the 50th Anniversary Reception on Saturday.

Category	Tier 2 Discounted Rate through 6/8/2022	Standard Rate after 6/8/2022
AAPSM Fellow	\$450	\$550
AAPSM Member	\$450	\$550
Non Members	\$600 includes 1 yr AAPSM membership	\$699 includes 1 yr AAPSM membership
Residents & Fellows-in-Training	\$450	\$450
Students†	\$350† \$200 Limited Scholarships available	\$350† \$200 Limited Scholarships available

†Contact Rita Yates at [ritayates2@aol.com](mailto:ritayates2@aol.com) to apply for a \$200 scholarship

Social Activities	Registrant	Significant Others
Friday Brooks Reception	Included w/ registration fee	open for registrants only
Saturday 50th Anniversary Reception	Included w/ registration fee	\$100/person

## Cancellation Policy:

The payment made for your registration fee (less a \$25 processing fee) will be refunded for cancellations received in writing on or prior to 9/13/2022. All refunds will be processed and paid following the course. No refunds will be made for non-attendance or if cancellations are received after 9/13/2022. All course attendees will receive a full refund in the event that the AAPSM must cancel this course.

**Contact**  
for more information:

**Paula Rowbury,**  
Scientific Event Manager, AAPSM

Phone: 415-317-4265

E-mail: [rowburp.iags@gmail.com](mailto:rowburp.iags@gmail.com)